



4K Snack Menu January 2024

1

**No
School**

2

**Apple Cinn
Muffin**

Banana Bread

3

**Half Banana
(1 banana if small)**

**Goldfish
Crackers**

4

**Graham Crackers
w/ Milk (optional)**

String Cheese

5

**Dragon Punch
Veggie Juice**

Peach Cup

8

Apple Juice

Orange Wedges

9

String Cheese

**Graham Crackers
w/ Milk (optional)**

10

**Giant Cinnamon
Goldfish**

Apricot Cup

11

**Apple Slices
w/ Yogurt**

Pear Cup

12

**Cupped
Applesauce**

Raisins

15

**No
School**

16

Banana Bread

**Apple Cinn
Muffin**

17

**Goldfish
Crackers**

**Half Banana
(1 banana if small)**

18

String Cheese

**Graham Crackers
w/ Milk (optional)**

19

Peach Cup

**Dragon Punch
Veggie Juice**

22

Orange Wedges

Apple Juice

23

**Graham Crackers
w/ Milk (optional)**

String Cheese

24

Apricot Cup

**Giant Cinnamon
Goldfish**

25

Pear Cup

**Apple Slices
w/ Yogurt**

26

**No
School**

29

Craisins

Blueberry Muffin

30

**Half Banana
(1 banana if small)**

**Graham
Crackers
w/optional milk**

31

Yogurt

**Half Banana
(1 banana if small)**

**More info... Note: Optional milk includes
white milk only**

More info...